

**WASHINGTON** - U.S. Rep. Harry Mitchell will host his second "United We Serve" Community Action Day from 10 a.m. to noon on Saturday, September 26, at the Goodwill drop-off center on East Via Linda in Scottsdale.

Mitchell's community action day events include opportunities to shred personal documents, recycle compact fluorescent lights (CFL) and properly dispose of prescription drugs. The Scottsdale Police Department will also be on hand as a participant in the event. Mitchell held a similar event in Fountain Hills in July.

"Along with promoting community involvement, these events can help folks keep their families safe and secure and protect our local environment," Mitchell said. "Identity theft has become too common and a simple act like shredding sensitive documents can go a long way to protecting your identity and financial security. Additionally, properly disposing of prescription drugs and florescent lights helps protect our health and our environment."

Community Action Day details:

- Free shredding of sensitive personal documents to help protect against identity theft (limit 4 boxes, paper only, remove all staples, bindings and rubber bands in advance)
- CFLs will be collected. CFLs, which contain mercury, will be collected and disposed of properly for recycling purposes.
- Scottsdale Police will collect and destroy prescription and over the counter drugs, including labels, in an environmentally safe way (no syringes)

Mitchell kicked-off the "United We Serve" national volunteer initiative this summer at A New Leaf's La Mesita Family Homeless Shelter in Mesa. As part of the initiative, September 11 was designated as a National Day of Service and Remembrance.

**WHAT: Mitchell Community Action Day**

**WHEN:** 10 a.m. to noon, Saturday, September 26, 2009

**WHERE:** Goodwill of Central Arizona, 8912 E. Via Linda (West of 90th St.), Scottsdale

Goodwill of Central Arizona, founded in 1947, is a private, not-for-profit organization whose mission is to serve people with disabilities or people who would otherwise face obstacles to entering the workforce. In 2008, nearly 23,000 people received services at Goodwill and more than 5,100 were placed in competitive employment. For more information, visit [www.goodwillaz.org](http://www.goodwillaz.org).